



Week 4

HEAR

Say This: "Proverbs 17:17 says, 'A friend loves at all times.' We all have different kinds of friends, and loving them looks different in each situation. Let's explore what that looks like in everyday life."

Do This:

1. Write out the verse on a board or piece of paper. Underline **friend, loves, all times**.
2. Create 3 quick lists:
 - **Types of friendships** (school, church, teams, cousins, neighbors, etc.)
 - **Ways to show love** in each type (example: lend a pencil, save a seat, share snacks).
 - **When it's easy or hard** to show love in those friendships.
3. Ask: "How have you felt loved by friends?"
4. Challenge: "Pick one friend you'll show love to this week—in an easy moment *and* a difficult one."

PRAY

Say This: "Prayer is one of the most meaningful ways we care for our friends. Today we'll use prayer stones to help us pray with intention."

Do This:

1. Give each student **3-5 small rocks**.
2. For each rock: Think of one friend and pray for **one thing they need** and **one thing you're thankful for**.
3. Quietly place rocks back in the container.
4. Optional: play quiet music or create a simple prayer station.



TALK

Say This: “Not everyone has the friendships they wish they had. Let’s think about how that feels and how we can better care for each other.”

Do This:

Part 1 – When friendships are missing

1. In pairs/triads, write **3 words** describing how someone might feel without good friends.
2. Give helpful prompts like No one saves you a seat, A friend breaks something of yours, Someone makes fun of your interests.
3. Switch lists → check common words → circle unique words.
4. Discuss: “How could someone work through these feelings?”

Part 2 – When we feel loved

1. Same pairs: write **3 words** describing how it feels to be loved.
2. Offer prompts like Someone chooses to spend time with you. Someone remembers details about you. Someone tells you they enjoy being with you.
3. Switch lists → check common words → circle unique words.
4. Discuss: “How can we help our friends feel this way?”

LIVE

Say This: “We’re going to make a friendship playlist—a collection of songs that represent healthy friendship.”

Do This:

1. Have students create a **5-12 song playlist** (alone or together, this can be on their phones if they have them or you can create a physical list of songs on a piece of paper or notecard)
2. Share it with their group or send it to a friend.