



Week 4

If you could instantly be amazing at any skill or hobby, what would you pick – and why?

What's one label or identity people often put on you (positive or negative)?

Have you ever tried to be someone you're not just to fit in, impress, or avoid conflict? What happened?

David says, "I can't go in these" after trying on Saul's armor.
What do you think made David so confident in who he was?

What's one "armor" you've worn – a role, expectation, personality, or pressure – that doesn't actually fit who God made you to be?

What's one part of the real you (a gift, strength, personality trait) that actually fits how God wired you?

What's one "not-me" thing you want to take off this week – and one "real-me" thing you want to practice?

How can we pray for your identity and the areas where you feel pressure or confusion?