



## Week 3

If you could wake up tomorrow having gained one quality or ability, what would you want it to be?

How can a friendship make your life better? How can it make it more difficult?

What's one sign that a friendship may need to change or end?

### Read Acts 15:36-39

How did Paul and Barnabas treat one another after their friendship changed?

What's one way you can change or shift a friendship without ending it?

What's the difference between needing to deal with a conflict with a friend and needing to change the friendship?

How might changing a friendship actually be good for you?

### DO THIS (EXPERIENCE 2)

Ask your students to silently complete the provided "Friend Filter" quiz. When they're finished, talk about what they discovered in their scores. If they have healthy friendships, celebrate that and encourage them to keep building those positive relationships. If they find that their friendships are unhealthy and need to shift, talk through what steps they can take to make a change. Remind your group that even when a friendship changes, they can still be friendly and choose to treat others with kindness.