



Who is someone that you follow on social media or watch on tv that you look up to? What are some of the things that they do that you find yourself imitating?

Tabitha was simply kind and helpful to her community and it did go unnoticed. What are some things that you do that don't go unnoticed?

Read Galatians 5:22-23

You might have read this verse before, but after hearing Tabitha's story what are your reactions to it? Do you have any new insights on what the verse is telling us?

If someone were to describe you, do you think they would use any of these words? Why do you think Tabitha embodied these "fruits" so much?

After Tabitha is raised from the dead, the news spread and many believed in God. Do you think Tabitha could have ever expected that would be the outcome of her kindness? Why or why not?

What are some things that hold you back from showing kindness or any of the other fruits of the spirit to those around you?

Next Step: Identify one of the fruits of the spirit that you want to be more mindful of being, and with your group talk about the effects that it might have on those around you.