



What Was I Thinking, Week 4

To reach your full potential, you can't play it safe. Avoiding risk leads to a mediocre life. But foolish risks may destroy your life's work and legacy. So how can you be sure you won't end up asking yourself, what was I thinking?

Conversation Starter: *Have some fun as you break the ice.*

- What is a funny but stupid decision you made when you were younger?
- Share a time you tried to cover over the truth but were found out.

Key Scriptures: *Let God's word frame the conversation. Take a minute to read this selected passage together as a Group.*

- Psalm 69:5-8, Proverbs 13:20; 1 Peter 2:24

Discussion Questions: *Pick a few questions below to guide your time.*

Starting Sharing: *Choose a question or two to create openness.*

- What is one area you are prone to make mistakes?
- Does the idea of confessing scare you or comfort you? Why?
- Share a time you owned a mistake, and someone extended forgiveness or grace.

Start Thinking: *Choose a question or two to think critically about the subject.*

- How can transparency lead to greater freedom?
- Why is starting with the end goal in mind so helpful in making wise decisions?
- What makes our choice in friendships determine the quality and direction of our lives?

Make it Personal: *Choose a question or two to help you identify your best next step.*

- What situations or people do you need to avoid making a dumb decision?
- Have you taken Jesus up on His exchange? Describe what that means in your own words.
- How can knowing that you are loved help keep you from spiraling when you make a terrible choice?

Next Steps: *Everybody has a next step. Check out some ideas below to help you grow by doing.*

- **Pause-** Don't take your choices lightly. Before you decide, pause and ask God to help guide you.
- **Seek wisdom-** Invite trusted voices in your life to speak into your decisions.
- **Read-** Check out David and Rob's new book, What was I thinking to get a framework for how to make better decisions and live with less regret. Grab a copy in our retail spaces or online.

Prayer: *Invite God to do what only He can do!*

Heavenly Father, thank you for Jesus, who loves us despite our imperfections. Thank you for His willingness to take our sin and shame in exchange for His holiness. Please help us have the wisdom to surround ourselves with spiritually sportive people and avoid temptations that lead us towards heartache and regret.